



**IMPACT - Elite (Prep, Novice, & Tiny Novice)  
Evaluation and Team Information**



**Tryout Fee:**

Returning Athletes: FREE if turned in on or before April 20<sup>th</sup>

New Athletes: \$25 if turned in on or before April 20<sup>th</sup>

\$75 if turned in after July 20<sup>th</sup> for ANY Athlete

These dates are strictly enforced, no exceptions.

**An athlete must attend ONLY ONE of the Tryout Evaluation Days.**

<b>Birth Year</b>	<b>Date</b>	<b>Time</b>	<b>Date</b>	<b>Time</b>	<b>Date</b>	<b>Time</b>
2021-2005	May 20	6:00 – 8:00 pm	May 21	6:00 – 8:00 pm	May 22	6:00 – 8:00 pm

<b>Flyer Tryouts</b> [Tryouts are an additional \$25]	<b>Date</b>	<b>Time</b>
All Athletes	May 23	6:00 – 8:00 pm

**Private Tryout Prices:**

**\$50 if Paid in Full by April 20<sup>th</sup> or \$100 after April 20<sup>th</sup>**

**Private Flyer Tryout \$50**

New Teams Will Begin Practice the week of June 3<sup>rd</sup>

Special note: The viewing area will be closed during evaluations.

## Evaluation Process

Athletes will have a chance to show us everything we need to see during the evaluation process.

We have many different team levels at Express.

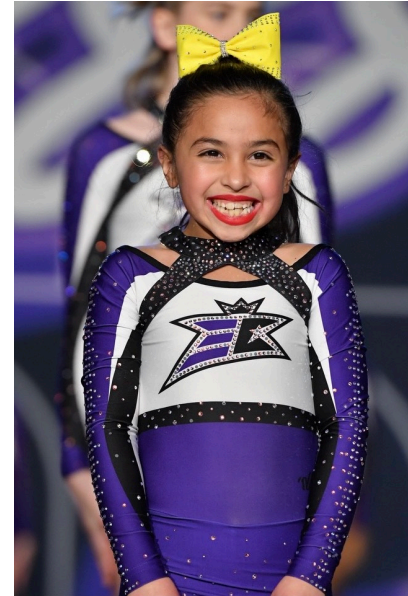
Therefore, if your child has all the required skills, we will find a place for them on a team.

Athletes will have the chance to perform all running and standing tumbling skills that they can perform successfully without a spot as well as jumps, including toe touch, pike, and hurdlers.

**Parents will need to attend Evaluations to size their athlete for practice wear and uniform.**

## Pricing

MONTH	1 <sup>st</sup> Athlete	2 <sup>nd</sup> Athlete
<b>Team Down Payment *</b>	\$255	\$242
June**	\$255	\$242
July***	\$255	\$242
August	\$255	\$242
September	\$255	\$242
October	\$255	\$242
November	\$255	\$242
December	\$255	\$242
January	\$255	\$242
February	\$255	\$242
March	\$255	\$242
April	\$255	\$242



\*Tryout Fee- Amount Based on Date Turned in

\*\*Practice Wear - \$75

\*\*\* Competition Bow- \$20

**Team Downpayment is due at the time of turning in the packet.**

**This includes Competition Fees, Choreography, Music, Uniform Rental along with the Registration Fee \$45 (if needed).**

**These payments must be made prior to signing up.**

*Please note that the monthly fees include:*

One Practice per week, One TEAM Tumble Class per week, Competition Fees, Uniform Rental, Choreography Camp, and Music Fees, Coaches Travel Fees.

*Not included:* Practice Wear (Sport Bra, Shorts, Tank Top), Bow and Registration fee (if needed)

**All teams will compete at a minimum of one out of town event; you will be responsible for travel, lodging, meals, etc.**

Impact Elite Athletes may add a tumbling or specialty skills class for a 10% discount.

**Late Try Outs:** Any athlete who joins Express Cheer after Try Outs will be required to pay back due monthly installment of Squad Fees. These Squad Fees cover Uniform Rental Fee, Competition Fees, Choreography and Music Fees.

<b>\$135 per month</b>	<b>May – August</b>
<b>\$100 per month</b>	<b>September – December</b>
<b>\$50 per month</b>	<b>January – April</b>

**Tuition is due on the 20<sup>th</sup> of each month prior to the month you will be attending.**

**For example, September's tuition is due by August 20<sup>th</sup>.**

**All tuition payments are considered late on the 1<sup>st</sup> of the month and will be assessed a Late Fee of \$20.**



## 2024-2025 Important Dates

Please Check ALL CLOSING Dates Carefully

### Important Events and Closing Dates:

May 27<sup>th</sup> – May 31<sup>st</sup> – Gym Closed

June 3<sup>rd</sup> – Summer Practices Begin

July 1<sup>st</sup>- 12<sup>th</sup> – Closed for 4<sup>th</sup> of July

August 12<sup>th</sup> – Fall Practices Start

September 1<sup>st</sup> & 2<sup>nd</sup> – Closed for Labor Day

**Choreography Camp- September 13<sup>th</sup> – 15<sup>th</sup>**

October 13<sup>th</sup> & 14<sup>th</sup> – Closed for Fall Break

November 24<sup>th</sup>- 29<sup>th</sup> – Closed for Thanksgiving Break

**DECEMBER 2<sup>nd</sup> – TEAM PRACTICES RESUME**

December 22<sup>nd</sup>- January 6<sup>th</sup> – Closed for Winter Break

**JANUARY 7<sup>TH</sup> – TEAM PRACTICES RESUME**

February 14<sup>th</sup>-17<sup>th</sup> – Closed for Presidents Day

March 16<sup>th</sup>- 23<sup>rd</sup> – Closed for Spring Break

### **MARCH**

**24<sup>th</sup> – TEAM PRACTICES RESUME**

April 20<sup>th</sup> – Closed for Easter

### Competition Dates:

January 19<sup>TH</sup> – Express Fest – TBD

February 1<sup>st</sup> – DCC Arlington – Arlington, TX

February 8<sup>th</sup> & 9<sup>th</sup> – NTGU MEGA Nationals - Irving, TX

March 29<sup>th</sup> – Bravo’s March Madness – Garland, TX

April 13<sup>th</sup> & 14<sup>th</sup> – NTGU Sock It To ‘Em - Denton, TX

**Please remember that these dates are tentative.  
Practices and Events can be added, deleted, or substituted without notice.**

## Absences

### **Absence Policy**

An Absence Request Form must be submitted TWO weeks prior to the absence. All absence requests submitted less than two weeks prior to the absence will be unexcused. Forms are located in the lobby and in our document section on our website. Be prepared to show documentation for absences. NO absences are permitted the week of an event, excused or unexcused. Unexcused absences must be approved by a member of Express Cheer Staff at least two weeks prior the date of the absence(s). No unexcused absence will be allowed at any practice that involves choreography. An excused absence is limited to mandatory school functions for a grade, death in the family or contagious illness (fever, vomiting, diarrhea). We will verify with school administrators or the school if we think someone is being dishonest. Exceeding the 2 allowed unexcused absence will put your athlete's position on the team in jeopardy at the coach's discretion. Missing practice for any other reason than those listed above will result in an unexcused absence. This includes but is not limited to; homework, no ride, work, cotillion, etc. All other sports that conflict with Express practices are NOT EXCUSED. Athletes who are late or miss practice may be required to condition at the following practice.

All athletes must attend practice even when they are sick. Athletes may not be required to participate but must be present and must provide a doctor's note with detailed information regarding illness, treatment, and length of recovery. This includes dental, medical and all other health related issues that would prohibit an athlete from participating. Extended sicknesses or injuries may jeopardize an athlete's position on the team. Athletes may also be removed from their team and the program for not following the Absence Policy. Understanding that this is a team sport is key. Commitment from all athletes for all practices is the only way we can set our teams up to have a successful season.

### **Competition & Event Absence Policy**

ALL COMPETITIONS AND EVENTS ARE MANDATORY. Missing an event or competition will result in the athlete being placed in an alternate position or removal from the team. Do not plan family vacation or trips during or around competitions/events, if you have done so you must inform Express Cheer in writing before you are admitted onto a team. Understand that this is team sport and that if one person is missing, it is basically a waste of time for everyone else. Missing or skipping practices, as well as excessive tardiness will jeopardize your athlete's roll on the team.

NO ABSENCE WILL BE ALLOWED THE WEEK PRIOR TO ANY EVENT/ COMPETITION. Missing a practice during these weeks may result in the athlete being moved to an alternate position or being dismissed from the team.

### **Code of Conduct**

It is understood that Express Cheer reserves the right to dismiss an athlete from any practice or remove them from a team if their behavior is deemed inappropriate.

A member of Express Cheer must be a strong representative at all times. We expect that you will keep your social media clean and family friendly at all times. Remember you are a direct reflection of Express Cheer. If you are caught demonstrating abusive behavior, lying, or any form of negative behavior it will be grounds for removal. Express Cheer will not tolerate gossiping, pettiness, back talking or any disrespect to teammates or instructors. After warning a team member, a parent will be notified of the problem. If the issue is not resolved it will be grounds for removal.

Please be aware that inappropriate displays of behavior FROM PARENTS to office staff, instructors, athletes or other parents at events or inside Express Cheer can also result in removal of athletes from teams.

The use of Spirit Athletics LLC, Express Cheer DBA or any other subsidiary of our companies is strictly prohibited. It is prohibited to use our name in emails, social media formats, apparel, or other promotional material. No portion of our routines, music, dances, stunts, transitions, etc., should ever be used in any forum outside of our program.



**Impact Elite**  
**Prep & Novice Try Out Form**

Athlete's Name: \_\_\_\_\_ Birth Year: \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Athlete's Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

2024-2025 Grade: \_\_\_\_\_

School: \_\_\_\_\_

Do You cheer for your School? Yes No

If yes, Which Squad \_\_\_\_\_



## Acceptance of Terms & Conditions

**Please take a moment and read carefully to ensure that you fully understand the time and financial commitment required for Express. You will need to initial each section and sign at the bottom of the page.**

\_\_\_\_\_ I understand that I will forfeit any monies paid if I choose to leave a team or are asked to leave the program. I also understand that I am entering into the Express program of my own free will. There are NO REFUNDS!

\_\_\_\_\_ You must advise your coach in advance if your child will be arriving late or leaving early from practices.

\_\_\_\_\_ If a student is injured or sick and not contagious, they are required to attend practice, not participate.

\_\_\_\_\_ Express athletes are required to attend all practices. If habitual absences occur; athletes may be removed from the team without notice and no refund will be provided. Also, please note that if an athlete misses practices the week prior to a performance, regional or local event or competition, and/or two weeks prior to a national competition it is at the discretion of Express and its coaches whether or not they perform.

\_\_\_\_\_ An excused absence is limited to mandatory school functions for a grade, death in the family or contagious illness. Missing practice for any other reason other than the four listed previously will also result in an UNEXCUSED absence. This includes, but is not limited to:

- ◆ Too much home work / studying (please plan ahead)
- ◆ Don't have a ride (again, please plan ahead)
- ◆ Work
- ◆ School Sports
- ◆ Cotillion
- ◆ National Charity League

\_\_\_\_\_ Express Cheer athletes are required to attend all Events and Competitions. Everyone will receive an Event and Competition schedule and if you cannot attend any of the Events or Competitions, then you should not join the team.

\_\_\_\_\_ Tuition does not pay for the right to perform. Individuals must continue to meet the skill level requirements. Failure to pay tuition will result in an athlete sitting out of practice.

\_\_\_\_\_ It is understood that Express reserves the right to move your child to another team during the season and/or dismiss an athlete from any practice or remove them from a team if their behavior or parents' behavior is deemed inappropriate. In the instance that an athlete quits or gets dismissed from a team, a \$750 cancellation fee will be processed immediately.

\_\_\_\_\_ Please be aware that inappropriate displays of behavior from parents can also result in removal of athletes from teams. This applies in all situations. Including, but are not limited to: practices, performances, events and competitions.

\_\_\_\_\_ I understand that team practices cannot be made up and in the event that practices are cancelled or there are global or local events out of the control of Spirit Athletics LLC (DBA – Express Cheer & Dance) or its subsidiaries, that limit our ability to provide services, I will be responsible for the duration of my contract and Spirit Athletics LLC (DBA – Express Cheer & Dance) or its subsidiaries will do everything in their power to provide substitute services and to make each family/customer whole.

I, \_\_\_\_\_ (parent), understand, accept, and agree to all of the terms and conditions within the Express Cheer Evaluation Packet.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Payment Contract Agreement

Student's Name: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

\_\_\_\_\_  
(parent's initials)

I acknowledge that, under the terms of this Agreement, the above-named student will be charged a registration fee once a year and all tuition will be payable on the 20<sup>th</sup> of each month prior. If fees are not paid on time, I acknowledge that late fees will be charged.

\_\_\_\_\_  
(parent's initials)

Tuition does not change based on the number or length of practices in any month.

\_\_\_\_\_  
(parent's initials)

It is also acknowledged that FAILURE TO ATTEND PRACTICES WILL NOT RELIEVE ME OF ANY OBLIGATIONS TO PAY THE TUITON AGREED UPON, AND THAT NO REFUNDS OR MAKE-UP CLASSES FOR TUITON PAID SHALL BE MADE FOR NON-ATTENDANCE OR WITHDRAWAL. I further acknowledge that I will be required to pay for all uniform pieces, and trips and expenses not included in Express tuition.

\_\_\_\_\_  
(parent's initials)

I further acknowledge that under the payment plan, if I withdraw my athlete for any reason, I may be responsible for additional fees. **All resignations must be received in writing.**

\_\_\_\_\_  
(parent's initials)

I understand that if my athlete is no longer a part of an Express Cheer team for any reason, their uniform will need to be returned within one week of their resignation. If it is not returned, I will be charged the full price of the uniform.

\_\_\_\_\_  
(parent's initials)

In addition, I understand by signing this page, I give Express the right to run the credit card on file for any outstanding balance on the 1<sup>st</sup> of each month, or for the cancellation fee of \$750.

\_\_\_\_\_  
(parent's initials)

**I understand that carrying a balance on my account will hinder my athlete from taking additional classes or private lessons until team tuition has been paid. In addition, if monthly tuition is not paid by the 1<sup>st</sup> of each month, my athlete will sit out of practice until the account is current.**

\_\_\_\_\_  
(parent's initials)

**I acknowledge the monthly tuition does not include any additional charges (late interest, penalties, unbilled attorneys' fees, etc.) upon signing this agreement I agree to pay additional charges or fees which are incurred if it becomes necessary to collect the amount referenced in agreement.**

\_\_\_\_\_  
(parent's initials)

**I understand that if any installment is late or missed, Express Cheer reserves the right to continue with the collections process and take whatever action is deemed necessary to recover the full amount of debt including but not limited to cancellation of this agreement and/or exclusion of your child from participation in all Express Cheer related activities.**

\_\_\_\_\_  
(parent's initials)

I acknowledge that I must always have two forms of payment on file.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_



## Authorization Agreement for Collections

----- (Name) hereby authorize Express Cheer to automatically bill my credit card/bank account my athlete's monthly tuition and any and all fees associated with his/her classes/squad. All requested information is required. Each month, your credit card /bank account will be billed for the amount indicated and your charges will appear on your statement. Any athlete/parent who wishes to change or cease payments entirely from the automatic payment system **must notify Express Cheer in writing no less than 2 weeks prior to the automatic debit date.** It is the cardholder's responsibility to maintain the correct information. We acknowledge that the origination of transactions to our account must comply with the provisions of the U.S. law. **Please note that you are required to put both forms of payment on file.** You may check the type of payment you would like us to first process. Express reserves the right to process the second form of payment if your primary payment is declined.

Monthly Tuition is due on or before the 20<sup>th</sup> prior to each month.

A late fee of \$25 will be assessed for payments received after the 1<sup>st</sup> of each month unless prior arrangements have been made.

### **Customer Information:**

Name: \_\_\_\_\_

Athlete's Name: \_\_\_\_\_

**Credit Card Information** \_\_\_\_\_ Please use this as my primary payment.

Account Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Billing Address associated with credit card:

\_\_\_\_\_

Town: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

**Bank Account Information** \_\_\_\_\_ Please use this as my primary payment.

Name on Account \_\_\_\_\_

Name of the Banking Institution \_\_\_\_\_

Routing Number \_\_\_\_\_

Account Number \_\_\_\_\_

I authorize, Express Cheer to automatically charge my credit card/bank account on file in the amount due, each month. I understand that my payment is to be withdrawn on the 20<sup>th</sup> of each month prior.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**All returned payments, declined credit cards, and/or expires cards will result in a \$35 non-sufficient funds fee.**