

IMPACT Half-Year Team Information - Prep & Novice Program

Practices will begin the week of December 2nd, 2024
Exact Practice Days and Times will be determined after Team Placement.

Pricing

MONTH	FEE
December*	\$210
January **	\$210
February	\$210
March	\$210
April	\$210

*Administration Fee- \$75

** Competition Bow- \$20

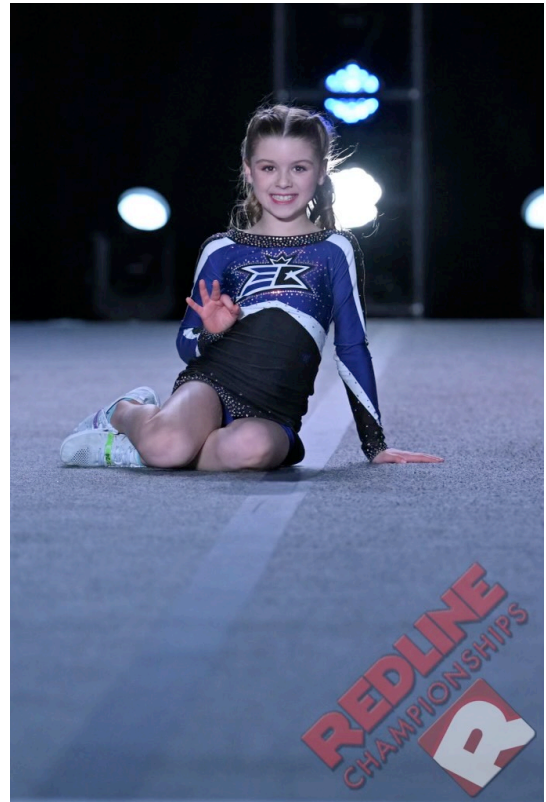
The December payment is due at the time of turning in the packet, along with the Registration Fee \$45 (if needed). These payments must be made prior to signing up.

Please note that the monthly fees include:

One and a half hour Practice per week,
Choreography,
Competition Fees,
Uniform Rental,
Music Fees.

Not included:

Competition Bow (\$20)
Shoes or make-up
Registration fee (if needed)
Tumble or Specialty classes



Tuition is due on the 20th of each month prior to the month you will be attending.

For example, January's tuition is due by December 20th.

All tuition payments are considered late on the 1st of the month and will be assessed a Late Fee of \$20.



2024-2025 Important Dates

Please Check ALL CLOSING Dates Carefully

Important Events and Closing Dates:

May 27th – May 31st – Gym Closed

July 1st - 12th – Closed for 4th of July

September 1st & 2nd – Closed for Labor Day

October 11th - 14th – Closed for Fall Break

November 25th - 29th – Closed for Thanksgiving Break

DECEMBER 2nd – THE WEEK HALF YEAR BEGINS

December 22nd - January 6th – Closed for Winter Break

February 14th - 17th – Closed for Presidents Day

March 10th - 14th – Closed for Spring Break

Competition Dates:

January 19th – Express Fest – Arlington, TX

February 1st – DCC Nationals, Arlington, TX

February 8th & 9th – NTGU MEGA Nationals - Irving, TX

April 5th - Kalahari– Round Rock, TX



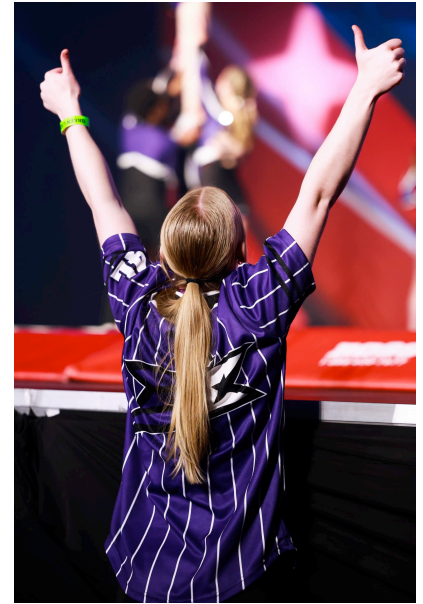
Please remember that these dates are tentative.

Practices and Events can be added, deleted, or substituted without notice

Absences

Absence Policy

An Absence Request Form must be submitted TWO weeks prior to the absence. All absence requests submitted less than two weeks prior to the absence will be unexcused. Forms are located in the lobby and in our document section on our website. Be prepared to show documentation for absences. NO absences are permitted the week of an event, excused or unexcused. Unexcused absences must be approved by a member of Express Cheer Staff at least two weeks prior the date of the absence(s). No unexcused absence will be allowed at any practice that involves choreography. An excused absence is limited to mandatory school functions for a grade, death in the family or contagious illness (fever, vomiting, diarrhea). We will verify with school administrators or the school if we think someone is being dishonest. Exceeding the 2 allowed unexcused absence will put your athlete's position on the team in jeopardy at the coach's discretion. Missing practice for any other reason than those listed above will result in an unexcused absence. This includes but is not limited to; homework, no ride, work, cotillion, etc. All other sports that conflict with Express practices are NOT EXCUSED. Athletes who are late or miss practice may be required to condition at the following practice.



All athletes must attend practice even when they are sick. Athletes may not be required to participate but must be present and must provide a doctor's note with detailed information regarding illness, treatment, and length of recovery. This includes dental, medical and all other health related issues that would prohibit an athlete from participating. Extended sicknesses or injuries may jeopardize an athlete's position on the team. Athletes may also be removed from their team and the program for not following the Absence Policy. Understanding that this is a team sport is key. Commitment from all athletes for all practices is the only way we can set our teams up to have a successful season.

Competition & Event Absence Policy

ALL COMPETITIONS AND EVENTS ARE MANDATORY. Missing an event or competition will result in the athlete being placed in an alternate position or removal from the team. Do not plan family vacation or trips during or around competitions/events, if you have done so you must inform Express Cheer in writing before you are admitted onto a team. Understand that this is team sport and that if one person is missing, it is basically a waste of time for everyone else. Missing or skipping practices, as well as excessive tardiness will jeopardize your athlete's roll on the team.

NO ABSENCE WILL BE ALLOWED THE WEEK PRIOR TO ANY EVENT/ COMPETITION. Missing a practice during these weeks may result in the athlete being moved to an alternate position or being dismissed from the team.

Code of Conduct

It is understood that Express Cheer reserves the right to dismiss an athlete from any practice or remove them from a team if their behavior is deemed inappropriate.

A member of Express Cheer must be a strong representative at all times. We expect that you will keep your social media clean and family friendly at all times. Remember you are a direct reflection of Express Cheer. If you are caught demonstrating abusive behavior, lying, or any form of negative behavior it will be grounds for removal. Express Cheer will not tolerate gossiping, pettiness, back talking or any disrespect to teammates or instructors. After warning a team member, a parent will be notified of the problem. If the issue is not resolved it will be grounds for removal.

Please be aware that inappropriate displays of behavior FROM PARENTS to office staff, instructors, athletes or other parents at events or inside Express Cheer can also result in removal of athletes from teams.

The use of Spirit Athletics LLC, Express Cheer DBA or any other subsidiary of our companies is strictly prohibited. It is prohibited to use our name in emails, social media formats, apparel, or other promotional material. No portion of our routines, music, dances, stunts, transitions, etc., should ever be used in any forum outside of our program.