

Spring 2025



	Monday		Tuesday		Wednesday		Thursday	
4:00pm	Basic Basic 2 BHS/Series AS Stunt AS Jumps	MS CC FG Staff MP	Basic Basic 2 BHS Series AS Training	KB MR CC FG AW	Kinder Kids Basic Basic 2 BHS Flyer Flex AS Training AS Flyer Flex	KB CC MS FG CB AW AC	Kinder Kids Basic Series AS Stunt	CB FG CC Staff
5:00pm	Kinder Kids BHS Tuck AS Training AS Flyer Flex	MS KB CC AW AC	BHS Tuck Standing Tuck AS Stunt	FG JS CC Staff	Basic/Basic 2 Layout / Twist Stunt AS Jumps	MS CC Staff MP	Basic BHS Layout Let's Fly AS BB 1 & 2	KB MR CC Staff Staff
6:00pm	Basic BHS Cheer Prep AS BB 2 & 3	MS CC KB Staff	Basic / Basic 2 Twist Let's Fly AS BB 2 & 3	FG CC Staff Staff	Series Tuck Flyer Flex	FG CC MS	BHS Jumps AS Training	CC MS MP
6:30pm					AS BB 5 & 6	Staff		
7:00pm	Basic 2 Layout Jumps	MS CC KB	BHS Series/Tuck AS Jumps AS Flyer Flex	MR CC MP AC	Basic / Basic 2 BHS Tuck / Layout Let's Fly	MS KB CC Staff	Tuck Cheer Prep	CC MS
8:00pm	12 & Up (Tuck & Up)	CC	Layout / Twist	CC	12 & Up (BHS & Below) Tuck/Lay Skills Connection	FG CC	No Springs Attached Twist	CC JS



Costs	Coaches
Annual Registration Fee - \$60 Per 8 Week Session: One Class: \$200 Two Classes: \$302 Unlimited: \$380 Let's Fly: \$315 (no discounts allowed) *Must Pre-Register for Classes*	AC Amanda Christiansen KB Kendall Brazzell AT Amanhi Tyler MP Madison Peters AW Ashley Weaver MR Makayla Rogers CC Chris Caldwell MS Mia Sanchez FG Fladio Gamboa JS John Stuart CB Claire Baker DP Devin Premsingh
Session Dates	Gym Closings
Spring 2025 March 24 th – May 23 rd	March 17 th – March 21 st April 21 st – April 25 th
Tumbling Classes	Specialty Classes
Kinder Kids Class – Ages 3-6 years old Ratio 8:1 Basic Tumble – Starts at 6 years old Ratio 10:1 Basic 2 Tumble – Ratio 10:1 Back Handspring (BHS) – Ratio 10:1 Series – Ratio 10:1 Back Tuck (Tuck) – Ratio 10:1 Layout (Lay) – Ratio 10:1 Twist – Ratio 10:1 Skill Connection – Ratio 10:1 Standing Tuck – Ratio 10:1 12 & Up – Ratio 10:1 No Springs Attached – Ratio 10:1	Stunt Class – Group Stunting – Ratio 10:3 Let's Fly – Two Man Stunting – Ratio 5:2 Flyer Flex – Stretching Class – Ratio 25:1 Jumps – Cheer Jumps Class – Ratio 25:1 Boss Basing – Stunting Class focusing on Base Education – Ratio 25:1 All Star Training – Elite Team Training Ratio 25:1 All Star Classes – All bolded classes are for Elite Team Members Only.