

Fall 2025



	Monday		Tuesday		Wednesday		Thursday	
4pm	Basic / Basic 2 BHS Series / Tuck AS Stunt AS Jumps	MS KB CC Staff MP	Basic 2 BHS Series Tuck AS Training AS Jumps – Minis	MS MR FG CC Staff Staff	Kinder Kids Basic / Basic 2 BHS / Series AS Flyer Flex AS Jumps AS Stunt AS Strength & Conditioning Mini/Yth	MS KB CC AC CMC Staff	Kinder Kids Basic / Basic 2 BHS / Series Tuck AS Training AS Jumps AS Strength & Conditioning Jr/Sr	KB FG CC MR Staff CMC
5pm	BHS Stunt AS Flyer Flex AS Training	CC Staff AC Staff	Kinder Kids Standing Tuck Let's Fly AS Flyer Flex AS Strength & Conditioning Jr/Sr	MS CC DP/FG AC	Basic 2 / BHS Series / Tuck Layout / Twist	MS CMC CC	Basic 2 / BHS AS Stunt AS Boss Basing Level 3	CC Staff
6pm	Basic 2 Tuck / Lay AS Boss Basing Level 1 AS Boss Basing Level 6	MS CC	BHS Lay / Twist Jumps AS Boss Basing Level 2	MS CC CJ	Basic Let's Fly LCA No Springs Attached AS Jumps	MS DP/JS CC CMC	BHS / Series Tuck AS Flyer Flex	MR CC AC
7pm	Series / Tuck Jumps Let's Fly AS Boss Basing Level 4.2	CC CMC DP/FG	Basic / Basic 2 BHS Series / Tuck Flyer Flex AS Stunt AS Training	MS KB CC CJ Staff Staff	BHS Layout / Twist Cheer Prep AS Training	CC JS KB Staff	Basic / Basic 2 Layout / Twist	KB CC
7:30pm					AS Jumps	MP	AS Strength & Conditioning Jr/Sr	
8pm	Layout / Twist	CC	12 & Up (BHS & Below) 12 & Up (Tuck & Up)	FG CC	Series / Tuck No Springs Attached AS Boss Basing Level 4	JS CC	BHS / Series	CC



Costs	Coaches
Annual Registration Fee - \$60 Per 9 Week Session: One Class: \$225 Two Classes: \$340 Unlimited: \$430 Let's Fly: \$315 (no discounts allowed) *Must Pre-Register for Classes*	AC Amanda Christiansen KB Kendall Brazzell AW Ashley Weaver MP Madison Peters CJ Chrissy Jules MR Makayla Rogers CC Chris Caldwell CMC Courtney Mercer Caldwell FG Fladio Gamboa JS John Stuart MS Mia Sanchez DP Devin Preamsingh
Session Dates	Gym Closings
Fall Session 1: August 11 th – October 10 th Fall Session 2: October 14 th – December 19 th	Monday September 1 st , Monday October 13 th , November 24 th – 28 th & December 22 nd – January 4 th
Tumbling Classes	Specialty Classes
Kinder Kids Class – Ages 3-6 years old Ratio 8:1 Basic Tumble – Starts at 6 years old Ratio 10:1 Basic 2 Tumble – Ratio 10:1 Back Handspring (BHS) – Ratio 10:1 Series – Ratio 10:1 Back Tuck (Tuck) – Ratio 10:1 Layout (Lay) – Ratio 10:1 Twist – Ratio 10:1 Skill Connection – Ratio 10:1 Standing Tuck – Ratio 10:1 12 & Up – Ratio 10:1 No Springs Attached – Ratio 10:1	Stunt Class – Group Stunting – Ratio 10:3 Let's Fly – Two Man Stunting – Ratio 5:2 Flyer Flex – Stretching Class – Ratio 25:1 Jumps – Cheer Jumps Class – Ratio 25:1 Boss Basing – Stunting Class focusing on Base Education – Ratio 25:1 All Star Training – Elite Team Training Ratio 25:1 Strength & Conditioning – Elite Team Strength Training 25:1 All Star Classes – All bolded classes are for Elite Team Members Only.