

# Fall 2025



	Monday		Tuesday		Wednesday		Thursday	
<b>4pm</b>	Basic / Basic 2 BHS Series / Tuck <b>AS Stunt</b> <b>AS Jumps</b>	MS KB CC <b>Staff</b> <b>MP</b>	Basic 2 BHS Series Tuck <b>AS Training</b> <b>AS Jumps – Minis</b>	MS MR FG CC <b>Staff</b> <b>Staff</b>	Kinder Kids Basic / Basic 2 BHS / Series <b>AS Flyer Flex</b> <b>AS Jumps</b> <b>AS Stunt</b> <b>AS S &amp; C Mini/Yth</b>	MS KB CC AC CMC <b>Staff</b> <b>MP</b>	Basic / Basic 2 BHS / Series Tuck <b>AS Training</b> <b>AS Jumps</b> <b>AS S &amp; C Jr/Sr</b>	FG CC MR <b>Staff</b> CMC <b>Staff</b>
<b>5pm</b>	BHS Stunt <b>AS Flyer Flex</b> <b>AS Training</b>	CC Staff AC <b>Staff</b>	Kinder Kids Standing Tuck Let's Fly <b>AS Flyer Flex</b> <b>AS S &amp; C Jr/Sr</b>	MS CC DP/FG AC <b>CJ</b>	Basic 2 / BHS Series / Tuck Layout / Twist	MS CMC CC	Basic 2 / BHS <b>AS Stunt</b> <b>AS Boss Basing Level 3</b>	CC <b>Staff</b>
<b>6pm</b>	Basic 2 Tuck / Lay <b>AS Boss Basing Level 1</b> <b>AS Boss Basing Level 6</b>	MS CC CC	BHS Lay / Twist Jumps <b>AS Boss Basing Level 2</b>	MS CC CJ	Basic Let's Fly <b>AS Jumps</b>	MS DP/JS CMC	BHS / Series Tuck <b>AS Flyer Flex</b>	MR CC AC
<b>7pm</b>	Series / Tuck Jumps Let's Fly <b>AS Boss Basing Level 4.2</b>	CC CMC DP/FG	Basic / Basic 2 BHS Series / Tuck Flyer Flex <b>AS Stunt</b> <b>AS Training</b>	MS KB CC CJ <b>Staff</b> <b>Staff</b>	BHS Layout / Twist Cheer Prep <b>AS Training</b>	CC JS KB <b>Staff</b>	Basic / Basic 2 Layout / Twist	KB CC
<b>7:30pm</b>					<b>AS Jumps</b>	<b>MP</b>	<b>AS S &amp; C Jr/Sr</b>	<b>Staff</b>
<b>8pm</b>	Layout / Twist	CC	12 & Up (BHS & Below) 12 & Up (Tuck & Up)	FG CC	Series / Tuck No Springs Attached <b>AS Boss Basing Level 4</b>	JS CC	BHS / Series	CC
<b>SUN</b>	Sunday Classes Coming in Fall Session 2 – Registration Now Available!							
	12:30 pm 12 & Up (BHS & Below)	JS	1:30pm Cheer Prep	JS	2:30pm Basic/Basic 2	JS	3:30pm BHS/Series	JS



Costs	Coaches												
<p>Annual Registration Fee - \$60  Per 9 Week Session:  One Class: \$225 Two Classes: \$340 Unlimited: \$430  Let's Fly: \$315 (no discounts allowed)  *Must Pre-Register for Classes*</p>	<table> <tr> <td>AC Amanda Christiansen</td><td>KB Kendall Brazzell</td></tr> <tr> <td>AW Ashley Weaver</td><td>MP Madison Peters</td></tr> <tr> <td>CJ Chrissy Jules</td><td>MR Makayla Rogers</td></tr> <tr> <td>CC Chris Caldwell</td><td>CMC Courtney Mercer Caldwell</td></tr> <tr> <td>FG Fladio Gamboa</td><td>JS John Stuart</td></tr> <tr> <td>MS Mia Sanchez</td><td>DP Devin Preamsingh</td></tr> </table>	AC Amanda Christiansen	KB Kendall Brazzell	AW Ashley Weaver	MP Madison Peters	CJ Chrissy Jules	MR Makayla Rogers	CC Chris Caldwell	CMC Courtney Mercer Caldwell	FG Fladio Gamboa	JS John Stuart	MS Mia Sanchez	DP Devin Preamsingh
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Session Dates	Gym Closings												
<p>Fall Session 1: August 11<sup>th</sup> – October 10<sup>th</sup>  Fall Session 2: October 14<sup>th</sup> – December 19<sup>th</sup></p>	<p>Monday September 1<sup>st</sup>, Monday October 13<sup>th</sup>,  November 24<sup>th</sup> – 28<sup>th</sup> &amp; December 22<sup>nd</sup> – January 4<sup>th</sup></p>												
Tumbling Classes	Specialty Classes												
<p>Kinder Kids Class – Ages 3-6 years old Ratio 8:1  Basic Tumble – Starts at 6 years old Ratio 10:1  Basic 2 Tumble – Ratio 10:1  Back Handspring (BHS) – Ratio 10:1  Series – Ratio 10:1  Back Tuck (Tuck) – Ratio 10:1  Layout (Lay) – Ratio 10:1  Twist – Ratio 10:1  Skill Connection – Ratio 10:1  Standing Tuck – Ratio 10:1  12 &amp; Up – Ratio 10:1  No Springs Attached – Ratio 10:1</p>	<p>Stunt Class – Group Stunting – Ratio 10:3  Let's Fly – Two Man Stunting – Ratio 5:2  Flyer Flex – Stretching Class – Ratio 25:1  Jumps – Cheer Jumps Class – Ratio 25:1  Boss Basing – Stunting Class focusing on Base Education – Ratio 25:1  All Star Training – Elite Team Training Ratio 25:1  Strength &amp; Conditioning – Elite Team Strength Training 25:1</p> <p><b>All Star Classes – All bolded classes are for Elite Team Members Only.</b></p>												